

DECLARATION AND POWERS OF ATTORNEY

As a below named inventor, I hereby declare that my residence, post office address and citizenship is as stated below next to my name. I believe I am the original, first and sole inventor of the subject matter which is claimed and for which a patent is sought on the invention entitled a "Multi-Planar Rowing Machine and Associated Exercise Protocols," the specification of which was filed on _____, as Application Serial No. _____ not yet assigned and was amended herewith or, if not identified here by filing date and serial number, is attached hereto. I have reviewed and understand the contents of the above-identified specification, including the claims, as amended by any amendment referred to above. I acknowledge the duty to disclose information which is material to the examination of this application in accordance with 37 CFR 1.56(a). I hereby claim foreign priority benefits under 35 USC 119 of any foreign application(s) for patent or inventor's certificate listed below and have also identified below any foreign application for patent or inventor's certificate by me or my representatives or assigns for this invention having a filing date before that of the application on which priority is claimed:

Application No. _____ in _____ on _____ priority claimed () Yes () No

Application No. _____ in _____ on _____ priority claimed () Yes () No

Application No. _____ in _____ on _____ priority claimed () Yes () No

I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further, that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under 18 USC 1001 and that such willful false statements may jeopardize the validity of the application or any patent issued thereon. I hereby appoint, individually and collectively, the following as my/our attorney or agent with full power of substitution and revocation, to prosecute this application and to transact all business in the U.S. Patent and Trademark Office connected therewith:

Gene C. Vallow Reg. No. 40,856 and Michael W. Piper Reg. No. 39,800
Rodney B. Carroll Reg. No. 39,624 and Kristin Jordan Harkins Reg. No. 37,859
Albert C. Metrailler Reg. No. 27,145

PLEASE ADDRESS ALL
COMMUNICATIONS TO:

Gene C. Vallow
Conley, Rose & Tayon, P.C.
5800 Granite Parkway, Suite 400
Plano, Texas 75024

SOLE OR JOINT

Inventor (1): Paul Patterson

(Signature in Full)

Citizenship: Canada

Date: _____

87 Ch. Pic Bois, Val Des Monts, Quebec, Canada

Residence: same